

SESSION TIMETABLE FOR RECREATIONAL GYMNASTICS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4-6 years	4-5	4-5 4.45- 5.45	4-5	4-5 4.45- 5.45	4-5	9.30-10.30 10.30- 11.30 (girls only) 11.30- 12.30 (boys only)
7-10 years beginner	4.45- 5.45	6-7	4.45-5.45	6-7	4.45- 5.45	8.30-9.30 beginner 10.30- 11.30 beginner
7-10 years advanced	5.15- 7.15	7-9	5.15-7.15	7-9	5.15- 7.15	11.30-1.30 beginner 12.30-1.30 (boys only)
11+ years beginner	6-7		6-7		6-7	
11+ years advanced	7-9		7-9		7-9	1.30-3.30
Disability gymnastics						9.30-10.30
General tumbling				7-9		
Free G					7-8 8-9	
General competition group	7-9		7-9		7-9	